Fixing broken connections can help people thrive.

WAYS WE CAN WORK TOGETHER TO END SOCIAL ISOLATION

- **Treat health issues that create barriers to connection**
  - **SOLUTION:** Fall prevention programs that increase balance, strength, and the confidence to go out more often

- **Provide support through major life transitions**
  - **SOLUTION:** Support groups to help someone feel connected while coping with significant change

- **Address societal barriers that exclude older adults**
  - **SOLUTION:** Policy changes that support retraining and retention of older workforce

- **Ensure availability of services and support tailored to the needs of diverse communities**
  - **SOLUTION:** Home-sharing models that make aging in place more affordable for all

- **Create opportunity for affordable and accessible transportation**
  - **SOLUTION:** Volunteer transportation services that make it easier for older adults to get around their community

TO LEARN HOW YOU CAN CONNECT VISIT CONNECT2AFFECT.ORG